

| Pos | Dorsal | Nombre | AN Club | Tiempo |
|------------------|--------|--------------------------------|--------------------------|----------|
| ELITE (6) | | | 6,6 km 460 m 20 C | |
| 1 | | Juan Manuel García Del Río M | COCAN | 1:08:43 |
| 2 | | Evaldas Jadenkus - | INDEPENDIENTE | 1:15:54 |
| 3 | | Abel Rosa Rosa | INDEPENDIENTE | 1:25:18 |
| 4 | | Diana Maria Puerta Diaz | COCAN | 1:26:12 |
| 5 | | José Luis García Rodríguez | COCAN | 1:26:18 |
| 6 | | Lucia Funes Mendez | COCAN | 2:13:25 |
| M55 (8) | | | 3,1 km 210 m 12 C | |
| 1 | | Ramiro Perez Dominguez | COCAN | 59:26 |
| 2 | | Manuel Vilar Mesa | COCAN | 1:03:49 |
| 3 | | Gunnar Tiger Tiger | UMEÅ OK | 1:04:09 |
| 4 | | Jesus Amador Betancor | INDEPENDIENTE | 1:06:24 |
| 5 | | Juan Carlos Hernandez Garcia | COCAN | 1:09:03 |
| 6 | | Ramon Suarez Negrin | COCAN | 1:17:57 |
| 7 | | Carsten Krüger . | INDEPENDIENTE | 1:23:46 |
| 8 | | Arturo Machado Torres | COCAN | 2:27:25 |
| M45 (6) | | | 3,4 km 250 m 13 C | |
| 1 | | David Sánchez García | COCAN | 45:54 |
| 2 | | Roberto Rosquete Delgado | COCAN | 50:18 |
| 3 | | Fernando Guerra Vega | O-RIENTATE | 50:20 |
| 4 | | Antonio Reche Pérez | COCAN | 51:07 |
| 5 | | Juan Antonio Delgado Fariña | COCAN | 1:13:06 |
| 6 | | Javier Fernandez Rodriguez | COCAN | 1:28:00 |
| M35 (9) | | | 5,5 km 370 m 16 C | |
| 1 | | Matias H Leon Estevez | COCAN | 1:00:42 |
| 2 | | Manuel Delgado Pérez | COCAN | 1:04:24 |
| 3 | | Miguel Angel Calvo Sanz | COCAN | 1:09:46 |
| 4 | | Alejandro Barreda Delgado | COCAN | 1:13:27 |
| 5 | | Isaac Correa Hernández | INDEPENDIENTE | 1:19:45 |
| 6 | | José Luis Lopez Álvarez | COCAN | 1:22:13 |
| 7 | | Francisco Javier Menacho Porri | COCANTF | 1:23:52 |
| 8 | | Jonathan Hernández Dorta | COCAN | 1:48:14 |
| 9 | | Germán Domingo Padilla Herna | COCAN | 1:51:08 |
| M21 (4) | | | 5,4 km 340 m 17 C | |
| 1 | | Gabriel Acosta Jiménez | INDEPENDIENTE | 1:17:31 |
| 2 | | Juan David Durán Hernández | COCAN | 1:42:46 |
| 3 | | Raúl Mesa Henf | INDEPENDIENTE | 1:47:16 |
| | | Daniel Rico Gonzalez | COCAN | Abandona |
| M16 (2) | | | 2,6 km 125 m 12 C | |
| 1 | | Mikel Martín Linares | INDEPENDIENTE | 38:21 |
| 2 | | Rubén Brito Rosquete | COCAN | 39:43 |

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
|-----------------------------|--------|-------------------------------|--------------------------|---------------|-------------|
| F55 (2) | | | 2,4 km 120 m 11 C | | |
| 1 | | María Elena Medina Hernández | | COCAN | 1:40:09 |
| | | María Teresa Rodríguez Delga | | COCAN | or en tarj. |
| F35 (7) | | | 4,1 km 270 m 14 C | | |
| 1 | | Rasa Ivanauskaite - | | AZUOLAS | 57:22 |
| 2 | | María Candelaria Delgado Luis | | INDEPENDIENTE | 1:15:19 |
| 3 | 2 | rita botin castro | | INDEPENDIENTE | 1:31:09 |
| 4 | | Iris Tejedor Moreno | | COCAN | 1:34:39 |
| 5 | | María Begoña Hernández De (| | COCAN | 1:36:40 |
| 6 | | Juana Teresa Diaz Armas | | COCAN | 1:48:51 |
| 7 | | María De Las Mer García Rod | | COCAN | 2:03:47 |
| F16 (1) | | | 2,4 km 120 m 11 C | | |
| 1 | | Yanela Calvo Perez | | COCAN | 32:05 |
| OPEN AVANZADO (11) | | | 2,2 km 70 m 11 C | | |
| 1 | | Hector Gomez Santana | | COCAN | 22:06 |
| 2 | | Jisemel Páez Hernández | | COCAN | 28:26 |
| 3 | | Saul Queiruga Rodriguez | | COCAN | 29:38 |
| 4 | | Jose B. Dorta Garcia | | COCAN | 29:53 |
| 5 | | Alberto Gonzalez Rodriguez | | INDEPENDIENTE | 31:15 |
| 6 | | Viviana Curbelo González | | INDEPENDIENTE | 38:41 |
| 7 | | Jose Antonio Gonzalez Exposit | | INDEPENDIENTE | 39:17 |
| 8 | | Jonathan Alayon Castilla | | COCAN | 42:57 |
| 9 | | Andrés Martín Medina | | COCAN | 45:10 |
| 10 | | Antonio De La Cuesta Prieto | | INPEPENDIENTE | 52:47 |
| 11 | | Alberto Figueredo Muñoz | | INDEPENDIENTE | 1:13:20 |
| OPEN / FAMILIAS (19) | | | 1,9 km 70 m 9 C | | |
| 1 | | Yeray Martínez Montesdeoca | | INDEPENDIENTE | 22:05 |
| 2 | | Aroa Durán Hernández | | COCAN | 26:37 |
| 3 | 1 | IRENE GARCIA NEDU | | INDEPENDIENTE | 30:20 |
| 4 | | Ana Belén Martín Rey | | INDEPENDIENTE | 32:44 |
| 5 | | Julia Delgado Báez | | COCAN | 34:44 |
| 6 | | Kai Becerra García | | INDEPENDIENTE | 39:42 |
| 7 | | Dara Cruz García | | COCAN | 41:27 |
| 8 | | Javier Martín González | | INDEPENDIENTE | 41:45 |
| 9 | | Marta Rodríguez Pérez | | INDEPENDIENTE | 44:42 |
| 10 | | Indira Olivares Olivares | | INDEPENDIENTE | 47:15 |
| 11 | | Juan Miguel Vizcaino Diaz | | COCAN | 48:04 |
| 12 | | Gisela Ruiz Rodriguez | | COCAN | 48:56 |
| 13 | | Victoria Eugenia Rodríguez Ma | | COCAN | 49:57 |
| 14 | | Ismael Sánchez-Pajares Gutiér | | COCAN | 55:03 |
| 15 | | Lia Rodriguez Hernandez | | COCAN | 1:04:17 |
| 16 | | Olivia Abello Braun | | INDEPENDIENTE | 1:09:45 |
| 17 | | Fernando Mesa Iglesias | | INDEPENDIENTE | 1:10:03 |
| 18 | | Nora Suárez Marrero | | INDEPENDIENTE | 1:10:12 |
| 19 | | Darío Suárez Marrero | | INDEPENDIENTE | 1:10:25 |